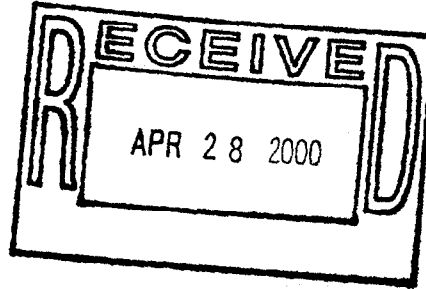




Partners in Health and Beauty

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204



April 4, 2000

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of, Prosta Max for Men tablets (dietary ingredients: vitamins A, C, E, thiamin, riboflavin, B-6, calcium, zinc, copper, glycine, glutamic acid, alanine, beta sitosterol, saw palmetto, pygeum, stinging nettle and lycopene. This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

A dietary aid for the health and function of the prostate gland.

Sincerely,

Mark Gaeta
Chief Operating Officer

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180 Vanderbilt Motor Parkway, Hauppauge, New York 11788 • 516-435-8558 • Fax 516-232-5022

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